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What is claimed is:

Claim 1. A food product comprising, in combination:

a first elongated dough member having a first preselected composition and formed into a pretzel configuration having a plurality of open spaces between portions of the cylindrical dough,  
5 and said first elongated dough member having a first end and a second end;

a second elongated dough member having a second preselected composition and formed into a spiral configuration and positioned within a first of said plurality of open spaces of said first elongated dough member.

10 Claim 2. The arrangement defined in claim 1 wherein:

said first preselected composition of said first elongated dough member is different from  
said second preselected composition of said second elongated dough member.

Claim 3. The arrangement defined in claim 2 wherein:

15 said first preselected composition of said first elongated dough member is a pretzel  
dough composition; and,

said second preselected composition of said second elongated dough member is a  
cinnamon bun dough composition.

Claim 4      The arrangement defined in claim 1 wherein:

    said first preselected composition of said first elongated dough member is the same composition as said second preselected composition of said second elongated dough member; and,

5      said plurality of open spaces is three.

Claim 5      The arrangement defined in claim 4 wherein:

    said first end of said first elongated dough member is formed into a spiral to define said second elongated dough member positioned in said first of said plurality of openings.

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Claim 6.      The arrangement defined in claim 5 wherein:

    said second end of said first elongated dough member is formed into a spiral to define a third elongated dough member positioned in a second of said plurality of openings.

15      Claim 7.      The arrangement defined in claim 5 wherein:

    said second end of said first elongated dough member is formed into a spiral to define a third elongated dough member positioned in a second of said plurality of openings; and,

    said first end of said first elongated dough member is further formed into a spiral to define a fourth elongated dough member positioned in said third of said plurality of openings.

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Claim 8      The arrangement defined in claim 3 and further comprising:

    said plurality of open spaces is three; and,

    a third elongated dough member having said second preselected composition and formed  
    into a spiral configuration and positioned within a second of said plurality of open spaces of said  
5      first elongated dough member.

Claim 9      The arrangement defined in claim 8 and further comprising:

    a fourth elongated dough member having said second preselected composition and  
    formed into a spiral configuration and positioned within said third of said plurality of open  
10     spaces of said first elongated dough member.

Claim 10.    A food product comprising, in combination:

    a first elongated dough member having a first preselected composition and formed into a  
    pretzel configuration having a plurality of open spaces between portions of the cylindrical dough,  
15     and said first elongated dough member having a first end and a second end, and said plurality of  
    open spaces is three;

    a second elongated dough member having a second preselected composition and formed  
    into a spiral configuration and positioned within a first of said plurality of open spaces of said  
    first elongated dough member; and

20     a third elongated dough member having said second preselected composition and formed  
    into a spiral configuration and positioned within a second of said plurality of open spaces of said

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first elongated dough member.

a fourth elongated dough member having said second preselected composition and formed into a spiral configuration and positioned within said third of said plurality of open spaces of said first elongated dough member.

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Claim 11. A food product comprising, in combination:

a first elongated dough member having a first preselected composition and formed into a pretzel configuration having a plurality of open spaces between portions of the cylindrical dough, and said first elongated dough member having a first end and a second end; of open spaces is  
10 three;

a second elongated dough member having a second preselected composition and formed into a spiral configuration and positioned within a first of said plurality of open spaces of said first elongated dough member; and

a third elongated dough member having said first preselected composition and formed  
15 into a spiral configuration and positioned within a second of said plurality of open spaces of said first elongated dough member.

Claim 12 The arrangement defined in claim 11 and further comprising:

a fourth elongated dough member having one of said first and said second preselected  
20 compositions and formed into a spiral configuration and positioned within a third of said plurality of open spaces of said first elongated dough member.